

Volunteer Opportunity with Fursa Foundation – Mwanza, Tanzania

Fursa Foundation is seeking passionate volunteers both locally and internationally to join our mission of creating sustainable change in the lives of adolescent girls and communities through various health, education, and advocacy programs. As a volunteer, you will have the opportunity to make a tangible impact through the following programs:

1. Reusable Sanitary Pad Distribution

- **Role:** Help with the production and distribution of reusable sanitary pads to schools and communities, ensuring adolescent girls and young women have access to sustainable menstrual hygiene solutions.
- **Tasks:** Packaging and distributing pads, educating communities about proper menstrual hygiene, assisting with workshops in schools.

2. Comprehensive Health Education

- **Role:** Participate in workshops, seminars, and awareness campaigns on menstrual health, hygiene management, and reproductive health.
- **Tasks:** Assist with event planning, material preparation, facilitation of sessions, and supporting health education programs.

3. Community Engagement

- **Role:** Work alongside local schools, health centres, and community leaders to advocate for adolescent girls' rights and foster a supportive environment for their development.
- **Tasks:** Organizing community meetings, assisting in advocacy initiatives, and engaging with community members to ensure inclusive support.

4. Advocacy and Policy Reform

- **Role:** Support efforts to advocate for improved menstrual hygiene products and comprehensive education for girls by collaborating with policymakers and stakeholders.
- **Tasks:** Assisting with research, attending advocacy meetings, and contributing to the creation of policy briefs.

5. WASH Programs (Water, Sanitation, and Hygiene)

- **Role:** Help improve public health by supporting WASH programs that focus on water, sanitation, and hygiene solutions in underserved communities.
- **Tasks:** Assisting with infrastructure projects, promoting hygiene practices, educating communities about clean water use, and supporting maintenance programs.

6. Ending Gender-Based Violence (GBV)

- **Role:** Support the fight against gender-based violence by participating in awareness campaigns, workshops, and advocacy programs aimed at empowering and protecting vulnerable groups.
- **Tasks:** Organizing community outreach programs, assisting with GBV awareness campaigns, and helping with victim support services.

Qualifications:

- Passion for social change and community service
- Experience or interest in health education, community development, or gender advocacy
- Good communication and teamwork skills
- Willingness to learn and adapt to local cultures and practices

How to Apply:

If you're excited about making a difference, apply by sending your resume and a brief cover letter to info@fursafoundation.org.

Why Volunteer with Us?

At **Fursa Foundation**, you will:

- Make a meaningful impact in underserved communities
- Gain valuable experience in health, education, and advocacy fields
- Join a supportive and passionate team working to promote sustainable solutions

This volunteer description reflects the impactful work volunteers can be involved in, providing them with a clear understanding of their roles and responsibilities.